



# NUTRITION & WELLNESS COUNSELING REFERRAL

Private Pay Referrals Only

PLEASE FAX COMPLETED REFERRAL TO 203-431-6583

**PATIENT DATA** Referral Date: \_\_\_\_\_

Name: \_\_\_\_\_

Sex: M F DOB: \_\_\_\_\_

Phone: \_\_\_\_\_

Patient allowed to exercise: \_\_\_Yes \_\_\_ No

If Yes, limitations: \_\_\_\_\_

**PHYSICIAN DATA**

Physician: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Physician NPI: \_\_\_\_\_

Signature: \_\_\_\_\_

**DIAGNOSIS** (reason for referral) *Check all that apply*

ICD-9	ENDOCRINE	ICD-9	GASTROINTESTINAL
250.01	Type 1 diabetes	579.0	Celiac
250.03	Type 1 diabetes, uncontrolled	556.9	Colitis, ulcerative, unspecified
250.00	Type 2 diabetes	555.9	Crohn's Disease
250.02	Type 2 diabetes, uncontrolled	562.10 / 562.11	Diverticulosis / Diverticulitis
V22.2 / 648.83	Pregnancy / Gestational Diabetes	556.9	Constipation
790.6	Hyperglycemia	535.1	Gastritis/GERD
251.2	Hypoglycemia	574.2	Gallstones
251.1	P.C.O.S.	564.1	IBS Irritable Bowel Syndrome
627.2	Menopausal Syndrome	ICD-9	CARDIOVASCULAR
224.9	Hypothyroidism	401.1	Hypertension, essential, benign
ICD-9	Weight & Other	272.0	Hypercholesterolemia
307.5	Eating Disorder, NOS	272.1	Hypertriglyceridemia
307.1	Anorexia	272.4	Hyperlipidemia
783.6	Bulimia	277.7	Syndrome X, dysmetabolic
783.21	Weight loss	ICD-9	OTHER
783.1	Weight gain	314.01	ADHD
278.00	Obesity, unspec (BMI 30-39.9)	7126.9	Arthritis
278.01	Obesity, morbid (BMI 40+)	729.1	Fibromyalgia
278.02	Overweight (BMI 25-29.9)	733.90	Osteoporosis/Osteopenia
693.1	Food Allergies	280.9	Iron Deficiency Anemia

**SERVICES TO BE PERFORMED**

\_\_\_\_\_ MNT Initial Consult – Extensive/Individual 97802 \_\_\_\_\_ Nutrition Counseling/Group 97804  
 \_\_\_\_\_ MNT Re-assessment & Intervention/Individual 97803

**INSURANCE DISCLAIMER**

We do not accept insurance for Nutrition & Wellness counseling. All charges must be paid at the time of service. A Health Insurance Claim form 1500 can be provided if requested but does not guarantee coverage. Submission of CMS 1500 and communication with the insurance carrier is the sole responsibility of the covered individual.